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|  |  | **I know that this is achievable because (describe what has convinced you that you can do it)**  **This goal is very important for me because (describe what this goal will enable you in the future)**  **Hello, my name is (YOUR NAME) !**  **My SMART GOAL is to (describe your goal here)**  **My plan is to achieve this goal by doing (describe what, where, why..)**  **I will know that I have fulfilled my goal by (describe what you will measure, compare, or check)**  **I plan to finish everything by (estimate how long it will take)** | | | | | | | | | | |  |  |
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